

# Hello, we are includem.

We provide intensive, bespoke support to young people and families in challenging circumstances.

Our model of support is based upon building solid relationships of trust.

Through this approach we are able to help young people make positive life choices and progress towards the type of future they want to live.





includem 





**Co-Producing**

**Co-Designing**

**Engaging**

**Consulting**

**Informing**

**Educating**

**Coercing**








Doing With

Doing For







Doing To



# The Benefits of Participation

-  Increased level of satisfaction with services
-  Better engagement & outcomes, working towards shared goals tailored to needs & wishes
-  Improved service quality, particularly in regard to access and responsiveness.
-  Increased choice and control
-  Provides an effective and efficient means of understanding needs and issues firsthand
-  Leads to more efficient and effective use of services
-  Leads to greater confidence, inclusion & health and wellbeing

# So what have we done in the last year?

-  Inclusion of young people and parent's views in our consultation responses through semi-structured interviews
-  Surveys to understand the impact on CYP&F of the pandemic and inform reports
-  Engagement with YP&F about how they accessed our services and follow up feedback
-  Peer research
-  Facilitating young people's participation in external projects
-  Appointment of a Participation Officer to embed a culture of participation

**Watch Excluded film here:**

<https://www.youtube.com/watch?v=kBnKHsaEfy8>

# Some of the challenges and tensions

Levels of participation



5. Children share power and responsibility for decision-making.

Openings > Opportunities > Obligations

Are you ready to share some of your adult power with children?

Is there a procedure that enables children and adults to share power and responsibility for decisions?

Is it a policy requirement that children and adults share power and responsibility for decisions?

4. Children are involved in decision-making processes.

Are you ready to let children join in your decision-making processes?

Is there a procedure that enables children to join in decision-making processes?

Is it a policy requirement that children must be involved in decision-making processes?

*This point is the minimum you must achieve if you endorse the UN Convention on the Rights of the Child*

3. Children's views are taken into account.

Are you ready to take children's views into account?

Does your decision making process enable you to take children's views into account?

Is it a policy requirement that children's views must be given due weight in decision-making?

2. Children are supported in expressing their views.

Are you ready to support children in expressing their views?

Do you have a range of ideas and activities to help children express their views?

Is it a policy requirement that children must be supported in expressing their views?

1. Children are listened to.

START HERE

Are you ready to listen to children?

Do you work in a way that enables you to listen to children?

Is it a policy requirement that children must be listened to?

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## Read our reports here:

- [Poverty & The Impact of Coronavirus on Young People and Families](#)
- [Staying Connected – Assessing Digital Inclusion](#)

## Have a read of:

- [Scotland's Lost Voice](#) – an includem blog post
- [We Felt Heard: The Young Scots Who Shaped Our School Exclusion Film](#) – EachOther blog post



**Thank you.**

