

includem training presents:

# The Solihull Approach to Working With Families



New from includem, this two day foundation course for practitioners covers the following:



## Day one

- How the Solihull Approach started
- Infant mental health – Baby brain development
- The model: what is containment?
- What is reciprocity?
- The role of behaviour management
- Introduction to the Solihull approach
- Putting theory into practice – Case study and observation exercise, preparation for day 2



## Day two

- Feedback on the observations and case studies
- More about children's emotional development
- Evaluation and research into the use of the Solihull approach
- Levels of intervention: scope for practice
- Implementing the Solihull approach: how to take it forward
- What next: discussion, reflection of the day and evaluation



Training will be delivered online by includem over two consecutive days between 9am - 3:30pm. To find out more about the Solihull Approach [click here](#).

**Cost:** £188 per person

To book your place please contact [enquiries@includem.co.uk](mailto:enquiries@includem.co.uk)

