

# Individual Placement and Support (IPS):

The Young Person's Guarantee IPS is for people aged 16-24, living in Glasgow, who are looking to progress towards and into employment. If you have mental health problems that are presenting as a barrier, SAMH can support you. We will work with you to help you find and keep a job or other positive outcome such as training or volunteering. Our focus is you – we will help you find an outcome that is suited to your needs, interests and aspirations.

#### Who can refer?

CMHT Worker, Mental Health Worker, CAHMS, Support Worker, Social Worker (Contact for more information)

### Criteria:

- Age 16 to 24
- Live within Glasgow (GCC postcode)
- Experiencing Mental Health challenges, either diagnosed or awaiting diagnosis

#### **Benefits:**

- Your own dedicated IPS Specialist will help you identify strengths
- 1-to-1 continuous support
- Help to create or update your CV
- Carry out job searches
- Complete applications
- Interview preparation
- Contact employers on your behalf

## Contact:

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