



Support for workplaces affected by suicide

We recognise how devastating it can be when a colleague, client or patient dies by suicide. The feelings can be overwhelming - some people may experience shock and depression, others report feelings of guilt and blame - and managers are often unsure how to navigate the aftermath.

Cruse Scotland is the nation's leading bereavement charity and are highly skilled and experienced in dealing with grief following suicide. We are here to help you and your colleagues process what has happened and find a way to cope.

We are funded by Scottish Government to deliver this specialised support for any workplace across Scotland who has been affected by suicide. If this is something your team could benefit from, please make contact and we will make arrangements to provide our tailored support package to meet your workplace's needs.

info@crusescotland.org.uk crusescotland.org.uk





Who is it for?

 Any workplace, large or small, public or private, in Scotland who have been affected by suicide.

What is it?

 It's support delivered by skilled and experienced bereavement specialists, usually within a group setting, tailored for people who are struggling to cope with a range of emotions in the aftermath of a suicide.

What's it not?

It is not training - it is support for employees.

Where does it take place?

 Normally in person, in the workplace but if preferred, online.

When does it happen?

Within days of making contact with Cruse Scotland.

How much will this cost?

Free of charge.

How can I access this?

email us at: info@crusescotland.org.uk

crusescotland.org.uk