



Got a good news story to share? Email us at:  
[includem.communications@includem.co.uk](mailto:includem.communications@includem.co.uk)

INTERNAL USE ONLY

# includem Weekly

## Hello

Welcome to this week's edition of the includem staff bulletin.

Over the next few pages, you'll find updates from across the organisation and a special edition of Spotlight.

After this week, includem weekly and the Friday Five are both going on annual leave and will be back the 6th of September - please keep uploading your good news stories and pictures to your channels.



## Last week's Friday Five

### In This Edition


16th August 2022

Corporate Services | BRAVE |  
Glasgow North West | Multiple Risk |  
Cashback | Development Team |  
Policy | Simply Scran | Spotlight



### Get in Touch

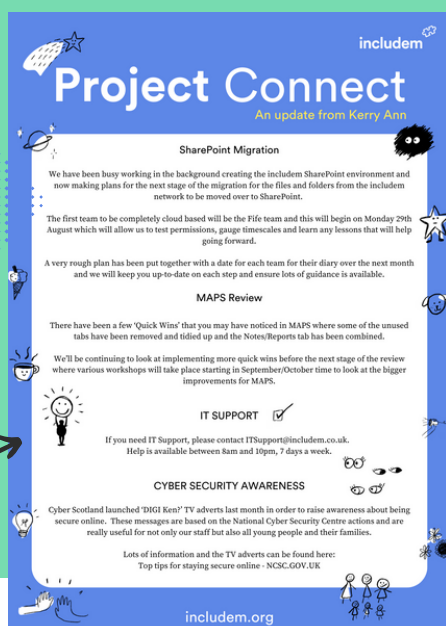
 [martyn.walker@includem.co.uk](mailto:martyn.walker@includem.co.uk)

 07920 656 823

## Corporate Services

### Project Connect

Click on the graphic below to read the latest update from Kerry Ann on Project Connect!



### Careers @ includem

We currently have the following opportunities available:

- Project Worker (Fife)
- Assistant Project Worker (Fife)
- Assistant Project Worker (Falkirk)
- Family Support Worker (Dundee)
- Wellbeing Community Befriender (Fife)
- Sessional Mentor (Multiple Risk)
- And more!

Interested? Check your inbox for an email from HR for the internal application form. Remember the refer a friend scheme could earn you £400!

WE'RE  
HIRING



[includem.org](http://includem.org)





Click me!

FUN DAY COUNTDOWN

18

days to go...

# Services Updates



## BRAVE Stirling



We are delighted to be able to share the amazing logo chosen by children and young people for our BRAVE service in Stirling. The innovative BRAVE service allows us to put participation at the heart of the service design and delivery and importantly use the feedback to continue to develop to best support those who access it. We are genuinely going to be able to test out The Promise principle of young people being able to determine their own length of support. The BRAVE service has 3 high level aims; fewer people develop drug use, risk is reduced for people who take harmful drugs and needs of young people and families are addressed through joined up person-centred service. We are excited to be supported by a multi-agency steering group and have started to support our first referral.

## Glasgow North West

It was a day at the beach for the Glasgow North West team and a family they support. Making good use of the hot weather it was great to see the family enjoy themselves and to see the young person building their first sandcastle!



## Multiple Risk Service



The Multiple Risk Service wanted to share this good news story with you all. The top paragraph is a summary of what the young person has achieved followed by some handy advice the young person want to give other young people. Click on the graphic to read what Sam has to say in full screen mode.

## ADAPT for Cashback



On Friday 12th August, the Cashback team hosted a Glass Painting workshop that was enjoyed by seven young people. Part of an ABL activity, it was hoped the workshop would provide a mindfulness and health and wellbeing opportunity for those involved. The reception to the workshop was so good the team are planning more regular workshops.

CLICK ME TO ACCESS THE  
RESOURCES LIBRARY!



# Development Team Updates



[Access ISSUU](#)

We have submitted a tender response to Glasgow for an Emotionally Base School Avoidance service. As we know Covid-19 has made school attendance even more difficult for children and young people already struggling with anxiety, emotional distress, neurodiversity, or challenges at home and in the community. Includem are very well placed to deliver support to these children and young people and have submitted a strong case. Hopefully, we will be successful and will be able to deliver more support to Glasgow's children, young people and families. We will keep you updated.



## Out in the wild

It's great to see colleagues use their includem branded water bottles out and about. Can you guess where in the world these bottles were spotted?



## Comms Update



Although there is no Comms Team support from the 18th August to the 5th September, please continue to share your good news stories and uploads into your team WhatsApp Folders of Gold or Teams Channels.



# Research, Policy and Participation

How do we ensure today's children are not the fatalities of the future?

That was the title of our article for The Herald's Agenda feature - written by Meg Thomas.

Our latest article focusses on the need to change the conversation around drug and alcohol deaths and children and young people.

You can also read the long read version on our website here.



## Simply Scran

Scan the QR code to find out all you need to know!



Click on the graphic above to watch Snow's explainer video ft. Gary Cushway from the Participation Team!



Upload your recipe today to the dedicated WhatsApp group, Teams Channel or email [publicaffairs@includem.co.uk](mailto:publicaffairs@includem.co.uk)

#NeedsNow



# Spotlight on: Phoneline Team

This week we're saying hello to the Phoneline Team which is managed by Isla Wilson!

## Alison McDonald

Alison not only works on the Phoneline team but is also a Mentor too. In her spare time, Alison loves to spend time with her 10-year-old son and they particularly enjoy going swimming together and walking the dogs.

## Kat McNicol

Kat works as a psychology coach (and occasionally a librarian too). When not working, Kat can be found running, hiking or swimming in a loch somewhere or with a love of music at a festival or gig!

## Lisa Grant

Lisa currently attends University. If Lisa could go onto Desert Island Discs, she would take her Hunger Games books to re-read. However as a self-labelled "crazy cat lady" she wouldn't last long and would miss her two cats like mad!

## Michelle Bauge

Michelle works in Sport Development having previously worked with looked after and accommodated young people and has always enjoyed working with children, young people and families. Michelle's claim to fame is that she can do the Maradona 7!

## Johan MacIver

Johan (pronounced like Joanne) is a hypnotherapist specialising in weight loss, stress management and phobias. In her spare time she likes to bake and create puppet masks for a young relative and can be found enjoying an autobiography.

## Laura Dryburgh

Laura previously worked with us from 2014-2017 as a Project Worker. Laura runs her own business, running classes for parents/carers and babies and preschool children. Laura sings in a choir and enjoys the theatre.

## Marion McCready

Marion also works as a Counsellor and before this was a tour guide which she loved meeting and chatting to people from all over the world. Passionate about food, in her spare time she likes to write poems and loves to walk on the beach searching for sea glass.

## Ibby Stephen

Ibby - short for Elizabeth - has worked for includem since 2017 as a mentor in Dundee. Ibby works for Criminal Justice Services in Fife for the last 19 years. She has 2 tiny Maltese puppies (Mia and Milly).

WELCOME  
TO THE TEAM!

Could your team be featured in a future edition? Get in touch with Martyn Walker.

includem Weekly will return Tuesday 6th September!