includer

Community Engagement Practitioner Job Description



Purpose of Role

Includem work closely with children, young people, families and partner services across local community to support young people to make positive life choices and progress towards the type of future they want to live.

Fife Mental Health and Wellbeing, in partnership with Barnardos as part of **Fife's Our Minds Matter Framework** focuses on providing short term 1:1 emotional and practical support to reduce distress and groupwork to promote positive mental health and wellbeing.

The focus of the Community Engagement Worker is to deliver input in three key area:

- > Identifying and developing local community / organisational capacity
- > Developing parental/carer capacity
- > Targeted interventions understanding YP's needs, to assist them to engage with and help shape and strengthen local services

The post holder will engage effectively with children, young people, families, and partner agencies. The post holder will model positive work practices that are accountable, positively role models and leads by example.

The post holder will develop resources, network in the community, provide 1:1 support to young people and groupwork to young people, families and other professionals.

Main duties and responsibilities of the role

The service provides support for children and young people aged 5 – 25 years (26 if care experienced) and their families in **Dunfermline and South West Fife**. The role focuses on building trusting relationships with young people to provide both emotional and practical support to promote positive mental health and wellbeing, to reduce distress and to be connected positively to their local community.

This service will be delivered through **1:1 support, groups and outreach** and be embedded within local communities.

The post holder will be responsible for supporting young people who require additional level support through a range of interventions including delivering inputs on **Decider Skills, Season's for Growth, Solihull for Parents, Self-esteem and Body image** as key focus'. Includem will provide relevant training and support on the required inputs with candidates to enhance their skills. The project aims to support young people with protected characteristics to prevent a need for intensive support and promote positive community engagement at a universal level.

As the community engagement worker you will support a team of sessional staff who will work alongside you to deliver 1:1 and groupwork sessions. The post holder will lead on the organisation of groups and community events. The post holder will also have responsibility for the marketing of groups and social media.

Duties include:

- Identifying appropriate group work sessions based around young people self-identified issues and work with community partners to develop and facilitate.
- Ensuring practice within 1:1 and groupwork is aligned with strengths principles and is family centred and rights based.
- Understanding the different coping mechanisms that young people and their families use to deal with stress and high emotions, and to respond appropriately.
- Providing a 'bridging' service to introduce young people and parents to any organisations providing support, to ensure engagement.
- Building quality relationships which support and empower children, young people, and families to develop and have ownership of interventions which improve their emotional health and wellbeing.
- Providing a whole family approach to consolidate change and provide the support the whole family needs for its members wellbeing.
- Utilising a range of approaches to improve relationships with family and peers including restorative practice and Solihull Approach.
- Supporting children and young people to build an individualised plan with realistic goals and achievable steps.
- Responding to children, young people, and families. and working in collaboration with others to ensure families have the required range of support they need through universal and statutory agencies.
- Taking direction from your team manager and participate in planning to ensure time is used effectively to meet the needs of children, young people and families.
- Develop and maintain connections with local communities and neighbourhoods to support families to sustain positive change.
- Be accountable for the quality of support and be able to evidence this work effectively.
- Lead on delivering community events.

Qualifications

• Qualifications necessary for SSSC registration or be willing to work towards them.

Role Profile & Requirements

September 2023

| Essential | Desirable |
|---|---|
| | |
| Candidates will require membership for the | Experience of delivering groupwork |
| PVG scheme for children. | sessions and promotion of groups/events on |
| | social media. |
| Relevant qualifications. | Shows an understanding of the political |
| | factors which affect includem's viability. |
| Skills in delivering inputs to groups of | Experience of delivering services to young |
| young people, parents/carers and partner | people, young adults and / or families who |
| services. | have experienced significant adversity. |
| Able to provide a scaffolding of support to | Experience of identifying, managing, |
| young people by building mutually | escalating, and reporting of child protection |
| trusting, professional, open and non- | concerns. |
| judgemental relationships | |
| | |
| Experience of delivering services to | Experience of supporting young people |
| vulnerable groups. | with a range of mental health issues. |
| Gains the support of others through | |
| professional influence, credibility, and | |
| expertise. | |
| Can evidence work practice that embraces | |
| equality and diversity and works well as part | |
| of a team. | |
| Ability to work flexible hours, including | |
| evenings and/or weekends | |
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| To register and maintain the relevant | |
| professional registration with the SSSC. | |
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